

Adolescent Brain Cognitive Development

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What is ABCD?

 In 2015, the National Institutes of Health put out a request for applications



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A longitudinal study of about 10,000 children from ages 9-10 through early adulthood to assess factors that influence individual brain development trajectories and functional outcomes

 NIH intended to fund 10-15 research sites, for a total of \$25 million in grants each year for 5 years

ABCD Initiated by NIH Collaborative Research on Addiction (CRAN)

- NIDA, NIAAA, National Cancer Institute
- Many other federal collaborators are now participating

Federal Partners: Teen Brains. Today's Science. Brighter Future.

Eunice Kennedy National **Shriver National** National **National National Cancer** Institute on Institute of Child Institute on Institute of **Alcohol Abuse** Institute **Drug Abuse** Health and Human **Mental Health** and Alcoholism **Development National National** NIH Office of National NIH Office of Institute of Institute on Heart, Lung, Behavioral and Neurological Minority Health Research on and Blood Social Sciences Disorders and and Health Women's Health Institute Research Stroke **Disparities** Centers for Centers for **Disease Control** Disease Control National **National** and Prevention -**National Science** and Prevention -**Endowment for** Institute of Division of Division of **Foundation Justice** the Arts Adolescent and Violence School Health Prevention

Where are we now?

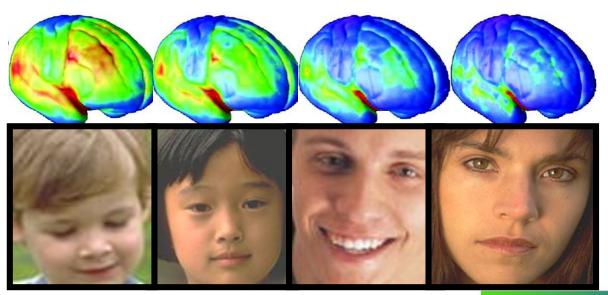
- 11,868 9-10 year old children were recruited over a 24 month period from 21 sites across the country!
- Following baseline data collection, we have completed 6mo,
 1vr. 18mo. and now. 2vr follow-up visits with 98% retention!
 Locations of ABCD Research Sites in the United States





Why are we doing this?

 Based mostly on smaller and often cross-sectional studies, we know that adolescence is a time of extraordinary change in the brain and behavior





Study Aims

- Characterize individual developmental trajectories (e.g., brain, cognitive, emotional, academic), and the factors that can affect them
- Develop of national standards of normal brain development in youth
- Disentangle genetic vs. environmental factors on development
- Examine the effects of physical activity, sleep, screen time, as well as other activities and injuries on brain development and other outcomes
- Study the onset and progression of mental health disorders and factors that influence their course or severity
- Determine how exposure to various levels and patterns of alcohol, nicotine, cannabis, caffeine, and other substances affect developmental outcomes and vice versa





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ABCD Protocol

Assessment Domains

Assessment Domains	Youth	Parent	Parent-2	Teacher
Substance Use	✓	✓		
Neurocognition	✓	✓		
Mental Health	✓	✓	✓	✓
Physical Health	✓	✓		
Culture & Environment	✓	✓		
Genetics	✓			
Mobile Tech	✓	√		
Passive Data		✓		

Comprehensive assessments at baseline and biennial follow up visits

Briefer assessments at face-to-face interim year visits

More frequent phone/web assessments





ABCD Study

TIMELINE OF EVENTS

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STUDENT AGE	9-10		10-11		11-12	
STUDENT TIME	6-7 hours	15 minutes	2-3 hours	15 minutes	6-7 hours	
STUDENT ACTIVITY		every 3–6 months		every 3–6 months		
PARENT TIME	3 hours	5 minutes	1 hour	5 minutes	3 hours	
PARENT ACTIVITY						

LEGEND



Bio

Biosamples



Brain Scan

iPad

iPad Tasks



REPEAT ... until age 19-20

ABCD Youth Protocol Summary: Baseline

Physical Health

PhenX Anthropometrics (height/weight/waist measurements)

Snellen Vision Screener

Edinburgh Handedness Inventory

Youth Risk Behavior Survey: Exercise

Pubertal Development Scale

Menstrual Cycle Survey (pubescent girls)

Screen Time Survey

Brain Imaging

Structural MRI

- 3D T1 Weighted
- 3D T2 Weighted
- Diffusion Tensor Imaging

Functional MRI (fMRI)

- Resting State
- Monetary Incentive Delay Task
- Stop Signal Task
- Emotional N-Back Task

Biospecimens

Breathalyzer and Oral Fluids (subset)

Saliva Samples for DNA, Puberty

Blood Samples (subset)

Hair Sample

Baby Teeth

Mental Health

Kiddie Schedule for Affective Disorders and Schizophrenia

- Background Items Survey
- Diagnostic Interview for DSM-5 (5 modules)

PhenX UPPS-P for Children Survey

PhenX Behavioral Inhibition/ Behavioral Approach System (BIS/BAS) Scales

Prodromal Psychosis Scale

Youth Resilience Scale

Neurocognition

NIH Toolbox Tasks:

- Picture Vocabulary
- Flanker Inhibitory Control & Attention
- List Sorting Working Memory
- Dimensional Change Card Sort
- Pattern Comparison Processing Speed
- Picture Sequence Memory
- Oral Reading Recognition

Rey Auditory Verbal Learning Task

Cash Choice Task

Little Man Task

Matrix Reasoning Task

RAVLT Delayed Recall

Culture & Environment

Prosocial Tendencies Survey

PhenX Acculturation Survey

Parental Monitoring Survey

Acceptance Subscale from Children's Report of Parental Behavior Inventory (CRPBI) - Short

PhenX Family Environment Scale - Family Conflict

PhenX Neighborhood Safety/ Crime Survey

PhenX School Risk & Protective Factors Survey

Substance Use

For most participants*:

Timeline Follow-Back Survey

PhenX Peer Group Deviance Survey

PATH Intention to Use Tobacco
Survey

Caffeine Intake Survey

Participant Last Use Survey (PLUS) for substance use within the last 24 hrs

Other Data Sources

Geocoding from Residential History

School Records

FitBit® (subset)

Brief Problem Monitor -

Teacher Form



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ABCD Parent Protocol Summary: Baseline

Physical Health

PhenX Demographics Survey

Medical History Questionnaire

Developmental History

Questionnaire

PhenX Medications Survey

Menstrual Cycle Survey

Sleep Disturbances Scale for Children

Sports and Activities Involvement
Questionnaire

Screen Time Survey

Ohio State TBI Screen - Short

Mental Health

Kiddie Schedule for Affective Disorders and Schizophrenia

- Background Items Survey
- Diagnostic Interview for DSM-5

Child Behavior Checklist

General Behavior Inventory - Mania

Adult Self Report Survey

Family History Assessment Survey

Substance Use

Parent Rules Survey

PhenX Community Risk and Protective Factors

Participant Last Use Survey (PLUS) for substance use within the last 24 hrs.

Culture & Environment

Vancouver Index of Acculturation -Short Survey

Multi-Group Ethnic Identity Measure-R Survey

Prosocial Tendencies Survey

Mexican American Cultural Values Scale

PhenX Acculturation Survey

PhenX Family Environment Scale - Family Conflict

PhenX Neighborhood Safety/ Crime Survey

Native American Acculturation Scale



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ABCDStudy.org

Mid-Year Follow Up Protocol

ABCD Follow-up Measure	What it measures:	Youth (min)	Parent (min)
Introduction			4
Brief Problem Monitor Scale	Dimensional psychopathology, adaptive functioning in past week	3	
Yes/No Substance Use Questions	Past 6-month heard-of or use of substances	3-7	
NIH Toolbox Positive Affect Short Form	Positive emotions and affective well-being in past week	1	
Mid Year Phone Interview Closing Questions		2	
	Total Minutes	9-13	4

ABCD Youth Protocol Summary: One-year Follow-up

Physical Health

PhenX Anthropometrics (height/ weight/waist measurements)

Pubertal Development Scale and Menstrual Cycle Survey

Screen Time Survey

Gender Identity Questionnaire

Mental Health

Kiddie Schedule for Affective Disorders and Schizophrenia

- Background Items Survey
- Diagnostic Interview for DSM-5 (Suicide module and Alcohol Use Disorder/Drug Use Disorder modules, if applicable)

Prodromal Psychosis Scale

7-Up Mania Items

Abbreviated Self-Reported Delinquency Scale

NIH Toolbox Positive Affect Items

Brief Problem Monitor Scale

Life Events Scale

Substance Use

Participant Last Use Survey (PLUS) for substance use within the last 24 hrs

For most participants*:

PhenX Peer Group Deviance Survey

PATH Intention to Use Tobacco Survey

PhenX Perceived Harm of Substance Use

PhenX Peer Tolerance of Use

Alcohol Expectancies

Questionnaire

Adolescent Smoking
Consequences (Expectancies)

Marijuana Effect Expectancy
Questionnaire

Timeline Follow-back Survey

ISay II Q2 Sipping Items (sip)

Low Level Tobacco Use (puff)

Low Level Marijuana Use (puff/ taste)

Caffeine Intake Survey

Neurocognition

Delay Discounting Task
Emotional Faces Stroop Task

Culture & Environment

Prosocial Behavior Survey

PhenX Acculturation Survey

Parental Monitoring Survey

Acceptance Subscale from Children's Report of Parental Behavior Inventory - Short

PhenX Family Environment Scale -Family Conflict

PhenX Neighborhood Safety/ Crime Survey

PhenX School Risk & Protective Factors Survey

Perceived Discrimination Scale
Wills Problem Solving Scale

Biospecimens

Subset of participants: Breathalyzer (alcohol screen) Oral Fluids (drug screen) Urine (NicAlert)

Oral Fluids (pubertal hormones)

Hair (substance use metabolites)

Baby Teeth (substance and environmental toxin exposure)

Physical Health

PhenX Demographics Survey

Medical History Questionnaire

PhenX Medications Survey

Pubertal Development Scale and Menstrual Cycle Survey

Sleep Disturbances Scale for Children

Sports and Activities Involvement
Questionnaire

Screen Time Survey

Ohio State TBI Screen - Short

Child Nutrition Assessment

Gender Identity Questionnaire

Mental Health

Kiddie Schedule for Affective Disorders and Schizophrenia

- Background Items Survey
- Diagnostic Interview for DSM-5 (Psychosis, Eating disorders, ADHD, ODD, & CD modules)

Child Behavior Checklist

General Behavior Inventory - Mania

Life Events Scale

Short Social Responsiveness Scale

Substance Use

Participant Last Use Survey (PLUS) for substance use within the last 24 hrs.

Parent Rules

PhenX Community Risk and Protective Factors

Culture & Environment

Prosocial Behavior Survey

Mexican American Cultural Values Scale

PhenX Acculturation Survey

PhenX Family Environment Scale -Family Conflict

PhenX Neighborhood Safety/Crime Survey

Other Data Sources

Geocoding from residential history

School Records

Brief Problem Monitor -Teacher Form



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